



Dr. Lily Wu wins Korle Bu's Maiden

INNOVATION SUMMIT 2020



DR. LILY WU WINS KORLE BU'S MAIDEN INNOVATION SUMMIT

Dr. Lily Wu, a Surgeon at the Vascular Unit of the Surgical Department has been crowned the best innovator for the maiden Innovation Summit in Korle Bu.

She came on top beating competition from Francis Ansah Sasraku from Biomedical Engineering Unit and Dr. Benard Morton of the Renal Transplant team .

The Innovation Summit is part of the activities by Management to lead healthcare delivery in Ghana and the sub-region. The two day Summit received as many as 26 presentations from departments in Korle Bu.

Dr. Wu won with her presentation on Endo Vascular Aortic Aneurysm Repair in Ghana. An aortic aneurysm is a bulging, dilation or ballooning in the wall of a blood vessel, usually an artery, that is due to weakness or degeneration that develops in a portion of the artery wall

An abdominal aorta aneurysm is a dilatation of the largest blood vessel in the body to more than 50% of its normal size. This vessel distributes blood/nutrients to the whole body. It occupies pride of place in front of the vertebral bodies of the spine. When it enlarges, it can cause back pain, abdominal pain, and when it grows large enough, may be felt as a pulsatile abdominal mass.

Francis Ansah Sasraku of Biomedical Engineering Unit came in second place with his presentation on Suck Vacuum Suction Machine. Following in third place was a presentation on Renal Transplant in KBTH by Dr. Bernard Morton of the Renal Transplant Unit.

The three received laptops and plaques, while all the participants received 16 GB pen drives and certificates.



Cross section of staff at the Innovation Summit

The maiden event was graced by several revered people in and out of the medical field such as; Dr. Kwabena Twum-Nuamah (Chairman, Parliamentary Committee on Health), Prof. Efua Hesse (President, Accra College of Medicine), Hon. Dr. Oko Boye (Board Chairman Korle Bu), Directors and Heads of Departments/Units of the Hospital.



CEO, Dr Daniel Asare delivering his address



Dr. Lily Wu Presenting

Delivering his address, the Chief Executive Officer of Korle Bu Dr. Daniel Asare said “in a rapidly changing healthcare environment we seem to be looking for better ways to transform the quality of patients care, reduce cost and optimise clinical and business processes”. Adding, “the Innovation Summit is to celebrate how we are transforming healthcare.”

Dr. Ali Samba, Director of Medical Affairs was the Chairman of the planning committee. At the end, Dr. Samba made a call on all staff and Departments to fully take

part in the annual event and to be innovative on their various profession.

The Summit which was to discover and showcase cutting edge healthcare practices was under the theme “Showcasing Solutions, Transforming Healthcare.”



Dr. Ali Samba, Director of Medical Affairs

ROLE OF OCCUPATIONAL THERAPY IN BURNS

According to World Health Organisation (WHO), a burn is an injury to the skin or other organic tissue primarily caused by heat or due to radiation, electricity, friction or contact with chemicals. The WHO reports that an approximated number of 265000 deaths occur from fire each year.

Scalds, electrical burns and other types of burns also present an increase rate of death though mortality rates globally are not available. Millions of people with burns are left with life-long disabilities and deformity after survival.

Burn rehabilitation involves a number of specialties amongst which is occupational therapy is a part. Occupational therapy is a healthcare profession aimed at ensuring functional independence through the use of meaningful activities of individuals or groups.

Occupation is anything an individual does to occupy his or her time. These activities include selfcare such as feeding, bathing, grooming and dressing etc, leisure and productivity or work. Occupational therapists work with clients to set and achieve goals that are meaningful to them.

An occupational therapist in burn care regularly assesses burn injuries and areas of occupation during hospital stay and at outpatient department to resume independence in self-care, leisure and work activity to regain quality of life.

Occupational therapy for burns include:

- Skin protection- Education on skin care, sun protection and protective clothing and footwear,

splinting to protect newly grafted skin, and positioning to prevent pressure sores.

- Joint protection-Stiffness of joints can cause decreased engagement in activities hence occupational therapists prevent this by supporting joints in best positions.

- Oedema management by encouraging normal movements in daily tasks

- Functional upper limb therapy to maximise independence in activities of daily living, work and leisure.

- Assessment and rehabilitation may include joint range of motion, sensation and strength, fine motor control

- Scar management

- Burn skin hypersensitivity

- Assistive devices for safety and independence

- Return to work/ school/ driving

- Cognition and thinking ability

- Home environment assessment and modification

- Developing patient specific treatment program for maximum independence.

- Teaching new methods of performing tasks.

*By Adams Cassandra and Abdullahi Radiya
Occupational Therapists, National Reconstructive
Plastic Surgery and Burns Centre, Korle Bu*

Articles for Publications

The Public Relations Unit is compiling stories/articles for publication in the Hospital's monthly Bulletin.

Staff who have articles are to forward them to:

pr@kbth.gov.gh for publication

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The publication can therefore be quoted and/or referenced in any academic research.

AMERICAN SOCIETY OF HAEMATOLOGY SELECTS DR. EUGENIA VICKY ASARE TO RECEIVE THE GLOBAL RESEARCH AWARD

Dr. Eugenia Vicky Asare of Ghana Institute of Clinical Genetics/Department of Haematology, Korle Bu Teaching Hospital has been selected by the American Society of Hematology (ASH) to receive the 2019 ASH Global Research Award. She is one of nine talented early-career investigators selected for this honor.

The ASH Global Research Award was designed to support future international scientific leaders, increase haematology capacity, and nurture global collaboration.

The award is intended to support haematologists between completion of training and the establishment of their independent careers.

The nine researchers selected represent eight countries: Brazil, China, Croatia, Czech Republic, Ghana, Italy, Japan, and Uganda.

For her award, Dr. Asare will receive research support for her project on Assessment of Epidemiology of Pain Incidence Rates during and after Pregnancy.

In an interview, Dr. Asare said “I am deeply honored and grateful to my mentors and ASH for this award and look forward to working with ASH Global Research Award as I pursue my career as a future international scientific leader in haematology,”

“We are proud of the talented recipients of this year's Global Research Award and look forward to supporting them as they continue to pursue haematology training opportunities,” said 2019 ASH President Roy Silverstein, MD, of the Medical College of Wisconsin in Milwaukee. “Supporting the careers of future leaders from all over the world is a clear priority for ASH” He added.

The Ghana Institute of Clinical Genetics (GICG) was established in Korle Bu, Accra, Ghana, on 7th May 1974

by Ministry of Health and the Managing Trustees of the Valco Fund. The GICG is the premier and largest adolescent and adult sickle cell clinic in Ghana, located in the Accra metropolis.

It primarily caters for adolescent and adult sickle cell disease patients from age 13 years. It is a daily outpatient clinic located in the premises of the Korle Bu Teaching Hospital (KBTH) in Korle Bu, and has 15 beds for acute cases for 6 hours detention. Each year, there are approximately 10,000 patient visits.



Dr. Eugenia Vicky Asare

Mission statement: To provide comprehensive healthcare to adolescents and adults living with SCD.

Vision: To be one of the best health institutions in sickle cell disease providing better Services, Education and Research to individuals both locally and internationally.

Motto: Education, Service and Research

The American Society of Hematology (ASH) (www.hematology.org) is the world's largest professional society of hematologists

dedicated to furthering the understanding, diagnosis, treatment, and prevention of disorders affecting the blood.

For 60 years, the Society has led the development of hematology as a discipline by promoting research, patient care, education, training, and advocacy in hematology.

ASH publishes *Blood* (www.bloodjournal.org), the most cited peer-reviewed publication in the field, which is available weekly in print and online, as well as the newly launched, online, peer-reviewed open-access journal, *Blood Advances* (www.bloodadvances.org).

Quality & Patient Safety Corner

Delivering Quality and Safe Healthcare Services in Outbreak Situations!

On the 31st December, 2019, the global health community woke up to the first reported case of the novel coronavirus (Covid-19) from Wuhan, China. By 31st January, 2020, the World Health Organization (WHO) had elevated the threat level posed by the outbreak as a result of its fast pace of spread. The disease has since been declared as a “Public Health Emergency of International Concern (PHEIC)” by the WHO.

There is presently (19th February, 2020), about 75,201 confirmed cases with 2,012 deaths. Of the total number of confirmed cases, 14,887 have recovered so far. There are also 30 countries that have been affected by this epidemic. Unlike in 2014 and 2015 when three West African nations i.e. Guinea, Sierra Leone and Liberia were ravaged by the scourge of the Ebola outbreak that recorded about 11, 316 deaths and 28,039 confirmed/suspected cases, the continent is yet to record any confirmed case of the novel Coronavirus. Though there have been alert of suspected cases in Cote d'Ivoire and Ghana but have all tested negative.

Healthcare workers have however not been spared of mortalities and casualties in their quest to support the fight against global epidemics. A 34-year old Chinese doctor (who reported the first case) was reported dead on Thursday 6th February, 2020 while 1,760 medical staffs who volunteered to be at the frontline have contracted the disease while delivering care and “six have died”. A hospital in Wuhan reviewed data of 138 confirmed cases and found 29% (40) of healthcare workers to have been affected mainly through hospital associated infections. During the Ebola epidemic in the three West African nations from January, 2014 to February, 2015, there were a total of 815 health worker infections accounting for 3.1% of all confirmed and probable cases reported.

The good news however is that, health worker infections in any epidemic is very preventable. Healthcare workers can provide quality and safe care without compromising their own safety and security in their quest to save the lives entrusted in their care.

The often-asked question is how? Some of the things that can be done include:

1. Developing process maps and identifying the patient journey. This will make it easy for the hospital to design effective and proactive surveillance system that can follow-up any suspected/confirmed case and also undertake the necessary contact tracing in any unlikely situation. It should also include the development

of, and ensuring strict adherence to clinical protocols and standards!

2. Designing the clinical area to establish effective triage systems that can appropriately sort out cases on the basis of severity. This can help prevent patients who could easily have been picked up in any unlikely situation from falling through the cracks. Unfortunately, only a few departments have effective triage systems and it is imperative we get this done as soon as possible. When this is done, an isolation area/holding bay can be considered. This can be done after an effective sorting of our cases to know who to isolate, when to isolate and where. In most instances, many healthcare workers get infected because of the absence of such a system.
3. Health worker infections are often always preventable. Health institutions like ours should begin the process of institutionalizing effective occupational health, and infection prevention and control strategies. Data from the 2014/2015 Ebola Viral Disease outbreak confirmed “a reduction in the infection of healthcare workers as a proportion of all cases from 12% in July 2014 to as low as 1% in February 2015” when standard precautions were strictly applied. The application of standard precautions should be ensured at all times. This includes:
 - a. Hand hygiene: regular and effective hand washing with soap under running water especially in instances when the hands are visibly soiled and also the effective use of alcohol based hand rubs.
 - b. Wearing of personal protective equipment (such as gloves, aprons/overcoats, goggles etc) according to the level of risk. Appropriate wearing (donning) and removal (doffing) of these PPEs is very paramount since one can be infected in the process if guidelines are not followed.
 - c. Ensure respiratory hygiene at all times
 - d. Safe injection practices, management of sharps and the prevention of injury
 - e. Effective handling, cleaning and disinfection of all equipment and reusable items.
 - f. Appropriate and effective handling of soiled linen
 - g. Environmental cleaning/disinfection and

INNOVATION SUMMIT 2020

The Korle Bu Teaching Hospital as part of activities to lead healthcare delivery in Ghana and the sub-region has launched an Innovation Summit.

The Summit which was to discover and showcase cutting edge healthcare practices was under the theme “Showcasing Solutions, Transforming Healthcare.” Some of the presenters at the summit are as follows:



Francis Ansah Sasraku (Biomedical) First Runner-Up



Dr. Bernard Morton (Surgical) Second Runner-Up



Mr. Charles Anachanser (ICT)



Dr. Edem Anyigba (Plastics)



Dr. Grace Owusu-Aboagye (Pharmacy)



Rebecca Obroni (Haematology)



Bernard Gyimah (Radiology, ICT)

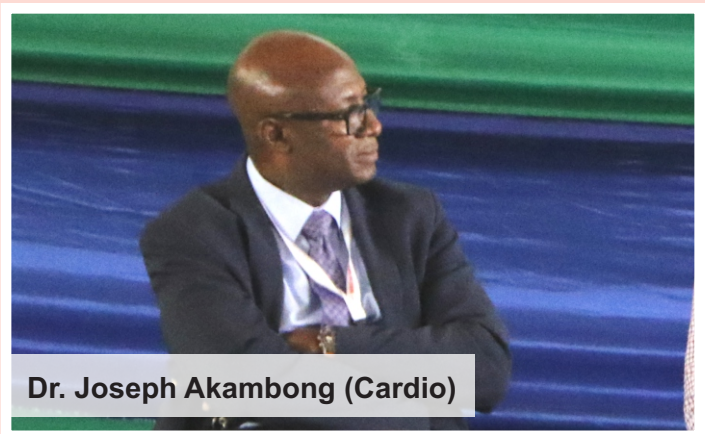


Dr. Benjamin Dabo Sarkodie (Radiology)

INNOVATION SUMMIT 2020



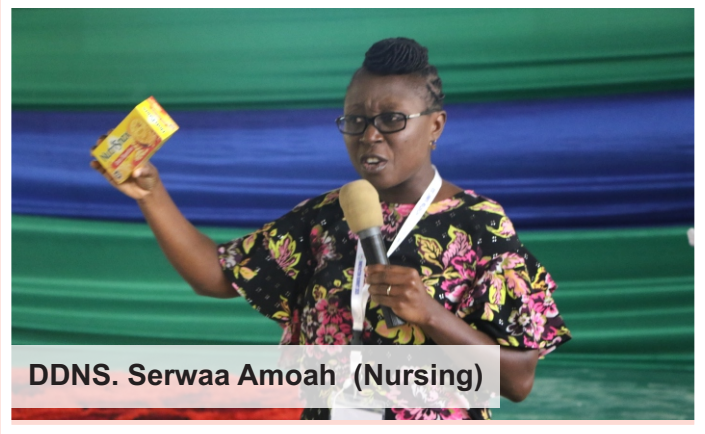
Dr. Daniel Offei-Asare (Surgical)



Dr. Joseph Akambong (Cardio)



Mrs. Sandra Asante (Physiotherapy)



DDNS. Serwaa Amoah (Nursing)



Dr. Simon Kwabena Agyeman (Dental)



Dr. Winfred Baah (Medical)



Dr. S. Y. Adams (Eye Centre)



Dr. Daniel Ankras (Pharmacy)

YEARLY DONATIONS AT CHILD HEALTH

Philanthropic organisations and individuals have over the years donated several medical equipment, consumables and monies to the Child Health Department to support the management and growth of child healthcare in Ghana and beyond.

In 2019, the department received donations from the Rebecca Akufo-Addo Foundation, Tilly Foundation, ESKA Foundation, Fiesta Royale Hotel and Accra Physiotherapy and Sports Injury Clinic.

Other donors were the Hindu Monastery of Africa, Living Stream International, Emmanuel Gharthey Johnson, World Child Cancer and Dr. Kwaku Mensah – Bonsu and Family

Some of the donated items were provisions, blankets, baby diapers, towels, medical equipment and cash to offset patients' medical bills.

The Board and Management of Korle Bu and all patients at the Child Health Department express deepest gratitude to all donors who have been the backbone of child care in KBTH.

The Hospital will continue to collaborate with you for the benefits of our patients.

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Delivering Quality and Safe Healthcare Services in Outbreak Situations!

appropriate waste management!

- Health care managers should ensure the availability of the necessary logistics at all times to ensure that healthcare workers and patients are all safe!
- Institute measures for effective and honest risk communication at all times.
- Facilitating the creation of teamwork and quality culture

Continuous and systematic quality improvement is very essential because of the complexity of the care we provide as a tertiary level facility. In the best of facilities where care is provided even with the most sophisticated equipment, best efforts and technologies, there have been slippages; let us be very mindful of these basic and fundamental things to ensure that, we will remain safe and secured in our quest to provide quality and safe healthcare to our clients! Let us always remember the "safety" dimension of the six healthcare quality dimensions (equity, efficiency, effectiveness, person centeredness and timeliness) in times like this!

I AM THE DEADLY CORONAVIRUS!

I am an acute respiratory viral disease. I came in the form of Middle East Respiratory Syndrome (MERS-CoV) and Severe Acute Respiratory Syndrome (SARS-CoV) but I am now the 2019 Novel Coronavirus (Covid-19).

I can come to you through droplets such as coughing or sneezing from someone I have already infected, and I spread very fast. Because of this, most think I am airborne but I am not.

When I come to you, it takes 2-14 days to make you have fever, cough, runny nose, make it difficult for you to breath. I pretend as if I am common cold but my name is Coronavirus. You will need laboratory test to confirm my name.

Internationally, I have infected and killed so many people. As at 8th of February, 2020, I have infected 34,886 people in the world. China is a place I really love most, I have killed 723 people there and infected 34,598 people as at 8th February, 2020. So far, I have infected 24 countries such as Almighty China, Japan, Singapore, Taiwan, USA, UK, France, Nepal, Finland, Thailand, United Arab Emirates and others.

The fast rate at which I am spreading makes me very scary and horrible so you must watch out for me. Recently, I shook La Cote d'Ivoire and Ghana small, they became scared so I decided not to visit them but only warn them to prepare for me.

I always laugh when some people say I cannot survive in hot temperature like Africa but what I can tell you is to beware of me, Coronavirus. I have made so many scientists to research into me for treatment but nothing good is coming out because I am wonderfully made. The only thing to prevent me is frequent hand washing with soap under running water, and/or alcohol hand rub.

You cannot get my treatment now but can isolate or separate those I infect and care for them with symptomatic treatment. Apart from hand washing to prevent me, Practice respiratory hygiene like covering the mouth and nose when coughing and sneezing with a tissue and disinfect the tissue before discarding into the bin.

Cooking meat and eggs well also prevents me from visiting you. When you touch animals, please wash your hands to prevent me from visiting you. Social distance, one meter from people I have infected can save your life. Seek medical attention if my features come to you for immediate attention. Thank you so much for knowing me as Coronavirus. Bye!

*Written by Omaro Mohammed Musah (Kwasi Omaro)
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Sources

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Alert For Novel Coronavirus (Covid-19)

Any person presenting with a severe respiratory illness (fever, cough, respiratory distress) and has travelled recently* or in contact* with someone who has travelled.

***recently: within the past month**

***contact: working together in proximity or sharing the same environment e.g. home.**

As of February 2020, no confirmed case of

Coronavirus (Covid-19) had been reported in Ghana nor anywhere in Africa. Korle Bu Teaching Hospital had activated its Epidemic/ Pandemic preparedness plan and its roll out will reach all Departments shortly.

Meanwhile, if you have reason to suspect any case arriving anywhere in the Hospital based on the above definition, please do not hesitate to contact your Department's Epidemic team or the following:

No.	Name	Designation	Contact
1.	Dr. Phillip Amoo	Head, Public Health	0243 -238188
2.	Dr. Joycelyn Dame	IPC Coordinator	0244 -251126
3.	Dr. Eric Odei	Public Health Specialist	0265 -793575
4.	DDNS Serwah Amoah	IPC Manager	0548 -953705

CORONAVIRUS

ALL YOU NEED TO KNOW

○ ○ ○

Coronaviruses are a large group of viruses that are common among animals. In rare cases, they are what scientists call zoonotic, meaning they can be transmitted from animals to humans.

The viruses can make people sick, usually with a mild to moderate upper respiratory tract illness, similar to a common cold.

SYMPTOMS

- Runny nose
- Headache
- Cough
- Sore throat
- Fever
- Feeling of being unwell

For those with a weakened immune system, the elderly and the very young, there's a chance the virus could cause a lower, and much more serious, respiratory tract illness like a pneumonia or bronchitis.

HOW IT SPREADS

Human coronaviruses most commonly spread from an infected person to others through:

- The air by coughing and sneezing
- Close personal contact, such as touching or shaking hands
- Touching an object or surface with the virus on it, then touching your mouth, nose, or eyes before washing your hands
- Rarely, fecal contamination

PREVENTION

There are currently no vaccines available to protect you against human coronavirus infection. Transmission is reduced thru:

- Washing your hands often with soap and water
- Avoiding touching eyes, nose, or mouth with unwashed hands
- Avoiding close contact with people who are sick

If you are mildly sick, keep yourself hydrated, stay at home, and rest.

If you are concerned about your symptoms, you should see your healthcare provider.

Strengthening Diabetic Retinopathy Screening Services in Ghana using the Ophthalmic nurse-led Approach

The Eye clinic of National Diabetes Management & Research Centre of the Korle Bu Teaching Hospital has organised the maiden Diabetic Retinopathy Screening conference in Ghana.

The conference which was themed “Strengthening Dr Screening Services in Ghana using the Ophthalmic nurse-led Approach” was to help Ophthalmic nurses acquire the necessary skills to run diabetic retinopathy screening.

In an interview, the Principal Ophthalmic Nursing Officer in-charge of the Diabetes Eye Clinic, Mrs Bridgid Akrofi, said statistics from Ghana Ophthalmologists Society revealed 270,000 Ghanaians have diabetes, out of which 93,000 have diabetic retinopathy and 27,000 have vision threatening diabetic retinopathy.

“Diabetic Retinopathy (DR) Screening Services for Patients Living with Diabetes (PLWD) in Ghana has been underserved because, currently there are only two ophthalmic nurses who have been trained by University of Gloucestershire and have been awarded certificates to offer this service for PLWD at the Eye Clinic of Korle Bu Teaching Hospital” she said.

Mrs Mary Akrofi said over the past twelve years, there have been a tremendous impact of DR screening

services offered by these two ophthalmic nurses, which is worthy of emulation.

Currently, about 120 ophthalmic nurses from all the regions in the country have acquired knowledge in diabetic retinopathy to provide sustainable and accessible DR screening services in their various hospitals for PLWD. This training was possible through partnerships from Ghana Health Service, Korle Bu Teaching Hospital, Open Education team of London School of Hygiene and Tropical Medicine.

The maiden DR conference was a ground-breaking event which formed the basis for improving the delivery of DR screening services because the ophthalmic nurse-led approach served as a national frame work for DR screening services in Ghana.



Mrs. Bridgid Akrofi addressing the conference

ECO-FRIENDLY AIR CONDITIONERS AT KORLE BU

Millennium Development Authority under the Millennium Challenge Account of the Ghana Power Compact has started installing eco-friendly air conditioners, fridges and ceiling fans at the various Sub-BMCs of the Hospital.

The four key Sub-BMCS include Child Health, the Laboratory, Accident and Emergency and the

Department of Medicine. The Departments were selected as a result of the power consumption which exceeds other departments, thus becoming a burden to the Hospital.

Management of the Hospital is happy that this will help save money to channel it to other productive areas.

POLYCLINIC/FAMILY MEDICINE HOLD'S 2019 STAFF DURBAR

The gate way to the Hospital, Polyclinic/Family Medicine Sub-BMC held its 2019 staff durbar in a grand style with some key personalities in attendance to grace the occasion.

The Chief Executive of the Korle Bu Teaching Hospital Dr. Daniel Asare in his address disclosed that the Department of Polyclinic/Family Medicine has tripled its revenue with the implementation of E-health care service (paperless health care).

The Chief Executive commended Management and Staff of the Unit for putting their shoulders to the wheel towards the success piloting of the E-health project. He added “the OPD attendance has increased as a result of the implementation of the paperless health care service, and I must commend you for that”.

Dr Asare made this revelation at the End of Year Staff Durbar held on December 18, 2019 at the Sub-BMC's OPD. Staff and guests were entertained by the department's choreography team with colourful and exciting dancing skills. The Polyclinic choir with their melodious and soothing voices entertained the highly patronised event in their colourful robes.



For her part, the Head of Department for the Sub BMC, Dr Priscilla Naana Vandyke-Sey expressed appreciation to the staff and management for the warm and cordial working relations she has enjoyed so far, adding that the success story chalked in the implementation of the paperless healthcare can be attributed to commitment and cooperation of the entire staff.

Dr. Vandyke-Sey, reminded staff that the Inter-Unit staff Competition is in full gear, and therefore encourage all staff to give their maximum best in order to emerge winners.

Various awards were given to hard working and retiree staffs for their meritorious, selfless, and dedicated service rendered to the facility. The awardees includes; Dr Obed Bamfo- Doctors, Susana Odoi- Public health, Jemimah Kumassah- Theatre, Veronica Agyarkobe- Male Recovery Ward, Benedicta Oko-Odoi- Female Recovery Ward, Roseline Amedo-OPD, Awuah Frimpong-ECG, Cecilia Donkor- Pharmacy.



Others include, Daniel Asare-Laboratory, Doris Nyarko-Eye clinic, Emmanuel Borborley-Xray, Joseph Mensah-Accounts, Nathaniel Nortey- ICT, Raphael K. Gborgbortsi-Records, Julia G. Bedi-Nursing Administration, Benjamin H. Nkansah-Secretariat, Lamisi Richard-hospitality. The rest are Retirees, Dr. Nintette Heymann-Specialist, Elizabeth Solomon-PNO and Emmanuel Idan

The event was attended by dignitaries notable amongst them were the Board Chairman, Hon Dr. Bernard Oko Boye, Director of Medical Affairs, Dr. Ali Samba, Director of Administrations, Mr. Alhassan Munir, immediate past administrator of Polyclinic/Family Medicine and current Administrator of Child Health, Esther Christiana Tetteh.



PIX IN BITS

FROM THE INNOVATION SUMMIT



Hardworking Ushers



Dr. Daniel Asare amazed by the presentations



The auditorium was agog with excitement



The audience could not hide their joy during the presentations



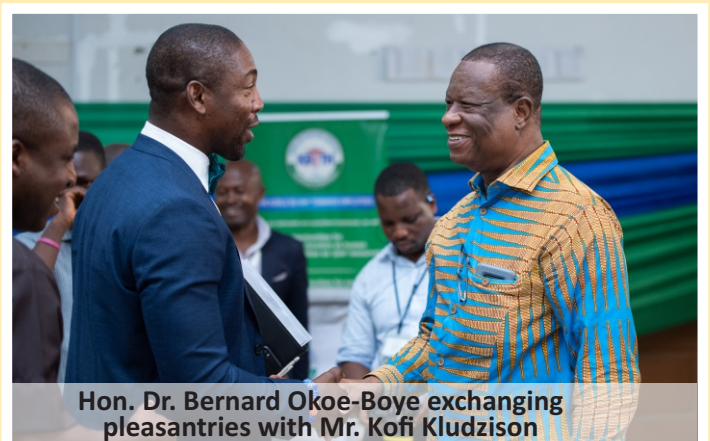
**Prof. Afua Hesse making a contribution
(President of Accra Medical College)**



Prof. Lorna Renner asking a question after a presentation



Audience at the Summit



Hon. Dr. Bernard Okoe-Boye exchanging pleasantries with Mr. Kofi Kludzison

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